

# Cucumber Tomato Avocado Salad

This cucumber tomato avocado salad recipe with fresh herbs is quick, easy, and perfect for any time of year.

6 SERVINGS 1 1/2 cups each PREP TIME 15 min COOK TIME 0 min

## INGREDIENTS

2 tbsp Lemon juice  
2 tbsp Olive oil  
1/2 tsp Garlic powder  
1/4 tsp Black pepper  
2 large Hass avocados (halved, pitted, peeled, and cubed)\*  
6 medium Tomatoes (cut into wedges)  
2 cups English cucumber (chopped)  
3 tbsp Fresh dill (chopped)  
3 tbsp Fresh parsley (chopped)

## INSTRUCTIONS

For the dressing: In a small bowl, whisk together the lemon juice, olive oil, garlic powder, and black pepper. (Alternatively, place in an airtight container and shake vigorously.)

In a large bowl, combine the avocado, tomatoes, cucumber, fresh dill, and fresh parsley.

Pour the dressing over the salad and toss to coat. Serve immediately.

<https://www.wholesomeyum.com/recipes/cucumber-tomato-avocado-salad-paleo-low-carb/>

**Calories 150**

**Fat 12g**

**Carbs 10g**

**Fiber 5 g**

**Protein 2g**

**Mod-High Carb Day**